



Sister 2 Sister

WELCOME TO WOMEN'S HISTORY MONTH!

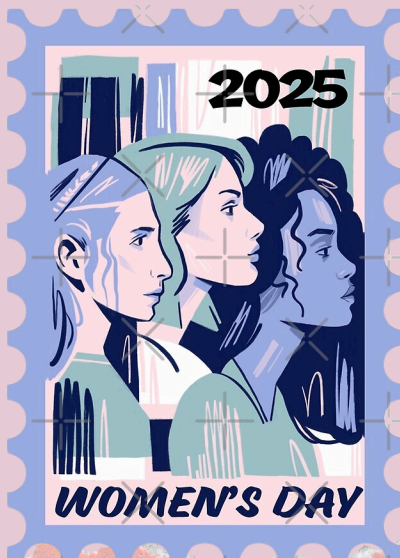
Moving Forward Together! Women Educating and Inspiring Generations!

Happy Women's History Month Ladies! This year the theme for Women's History Month is dedicated to all women who have dedicated their lives to leadership, education, and mentorship.

We as women celebrate the influence of women who have inspired generations past, present and future. This month we will highlight the role of women in shaping society. This theme aims to honor, educate, unite and inspire communities. We as women achieve power, so the barriers will fall.

I would like to leave you with a powerful quote for reflection, "Every woman's success should be an inspiration to another. We're strongest when we cheer each other on." -Serena Williams

Editor in Chief
Shirley Ramos



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National
Women's
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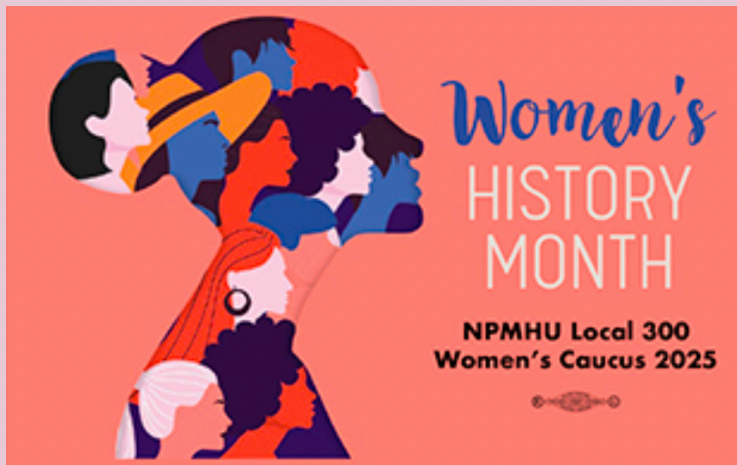
Female Mentorship

By: Theresa Start

Female mentors provide guidance, support and have an understanding of the unique challenges women face. They help other women build self-confidence and encourage them to pursue their career goals.

Some famous female mentor relationships are: Meryl Streep and Viola Davis, Hillary Clinton and Huma Abedin, Maya Angelou and Oprah Winfrey, Marie Curie and Marguerite Perey, Tina Fey and Kate McKinnon, Christiane Amanpour and Lara Setrakian. However, mentors don't need to be famous. Often the best mentors are those who are a couple of steps ahead who can provide relevant advice and perspective.

Whether you want to be a mentor, find a mentor, or both, remember that women should educate, inspire and empower each other to embrace her full potential and help shape a world where women's leadership is celebrated and recognized both today and for generations to come.



Her Story: Rita Moreno

By: Irene Delgado, NYC Branch President

Rita Moreno is an American actress, dancer, and singer. With a career spanning eight decades she is known for her roles on stage and on screen. She is one of the last remaining stars from the Golden Age of Hollywood. Among her many accolades, she is one of the few actors to have been awarded an Emmy, a Grammy, an Oscar, and a Tony (EGOT) and the Triple Crown of Acting.

She has been honored with Presidential Medal of Freedom in 2004, the National Medal of Arts in 2009, the Screen Actors Guild Life Achievement Award in 2013, the Kennedy Center Honor in 2015, and a Peabody Award in 2019.



She described having gotten the role of Zelda Zanders in *Singing in the Rain* by Gene Kelly "wanting her in the movie" and that she "seemed to fit the role for him." Moreno praised Kelly for casting her in a non-stereotypical Hispanic role, she said "he never said 'Oh she's too Latina', he just thought I'd be fine for it". She called the experience working in the film as an "amazing experience" and a "privilege." Rita Moreno had much respect for Gene Kelly, he was one of her mentors. She inspired many young women of color, including other actors. Her work has helped break down racial and gender barriers in Hollywood. Most of us, at some point in our lives had a mentor -someone who provided guidance, advice, and support, helped us learn and grow, whether in a professional or personal capacity. We should pay it forward by providing support and guidance to new mentees.



Empowered
Women
Empower
Women



The Women of 6888th

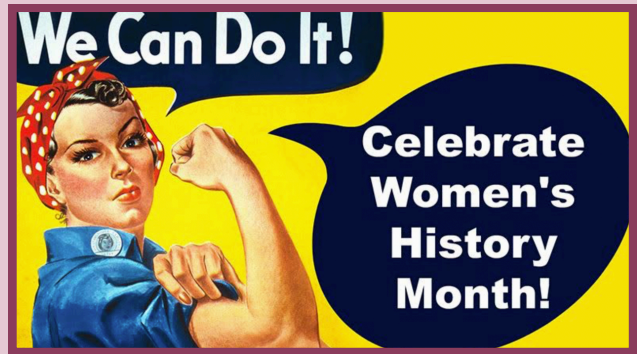
By: Jasmine Mills & Lisa Simpson

The women of the 6888th Central Postal Directory Battalion were a group of African American women who served in the United States Army Corps during World War II. The 6888th was the only Black female unit to serve overseas during the war. The unit was active from 1945-1946 and consisted of 855 women and was led by Major Charity Adams. The women were employed to manage the postal services. They had to sort and route mail for American service members and civilians in Europe. The women worked in shifts that ran 365 days a week. They worked out of aircraft hangars in England, France, Rouen and Paris to name a few counties. Their mission was to boost morale among the troops, government personnel, and red cross workers.

The unit motto was "No mail, low morale". The women worked 3 shifts a day processing 195,000 pieces of mail per day. The women actual sorted and redirected over 17million pieces of mail. They were given 6 months to complete their mission of clearing the mail. These women finished the monumental task in 3 months.

Celebrating Women's History Month 2025!

By: Atika Muhammad

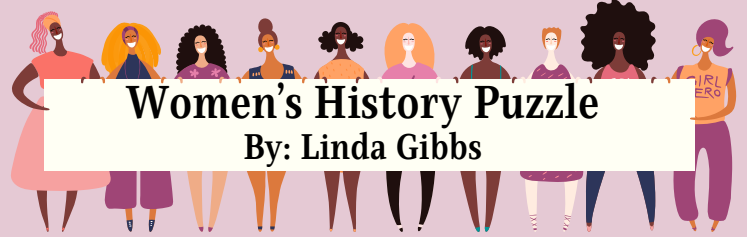


Women's history month is here! Let's celebrate and recognize all the women who have contributed to the upward movement of women, including ourselves. Upward movement, inspiration and mentorship come in many forms. This month and beyond ladies let's make a commitment to build each in one direction-forward. Just like bricklayers need cement as the foundation to lay bricks on bricks so buildings can rise, women need positivity, mentorship and inspiration as our foundation to rise and move forward. Positivity is a form of mentorship. Sharing an experience, kind words, complimenting each other, a simple hello or smile can start the foundation of togetherness. Positive gestures practiced daily toward each other can shape our world and build our strength Let's help each other help each other. Education and Inspiration big or small every part counts. Let's move forward together!!!!



Women's History Puzzle

By: Linda Gibbs



WANT TO DO MORE?

The following are resources that help in other ways;

- **FEMSOCIETY.COM**

This is an amazing women's website with programs for mentorship, advocacy, education, safety for women who travel alone etc..

- **STAND4SISTERHOOD.COM**

Assists in women's empowerment

- **DRESS FOR SUCCESS:**

Helps women with clothing needed to re enter the workforce. Also accepts clothing donations.

Elizabeth Blackwell

Margaret Thatcher

Eleanor Roosevelt

Susan B. Anthony

Hilary Clinton

Patricia Nixon

Mother Theresa

Michelle Obama

Harriet Tubman

Elizabeth Ford

Helen Keller

Clara Barton

Rosa Parks

Pocahontas

Anne Frank

Cleopatra

Amelia Earhart

Oprah Winfrey

Betty Friedan

Abigail Adams

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